

## Ready Credit Cards for Travel:

- Tell card issuers about upcoming trips so that activity will not trigger fraud alerts.
- Pay down balances beforehand to keep within credit limits.
- Carry a backup card.
- Bring along toll-free customer service numbers.

## Loss-proof your luggage:

- Before leaving for the airport, put local contact information or your cell phone number inside bags.
- Attach bright colored tape or other distinctive markings to the outside.
- If you check bags, verify the destination code on your receipts.
- Look up Airport codes at: <https://airportcod.es/>

## INTERNATIONAL TRAVEL

### Prescriptions or Other Medications:

- Pack enough to last your entire trip, including some extra in case you are unexpectedly delayed.
- Carry your medications in their original labeled containers, and pack them in your carry-on bag since checked baggage is occasionally lost or delayed.
- Ask your pharmacy or physician for the generic equivalent name of your prescriptions in case you need to purchase additional medication abroad.
- Get a letter from your physician in case you are questioned about your carry-on medication; some countries have strict restrictions on bringing prescriptions or even non-prescription medications into the country without proper medical documentation.

### Handle Money:

- Check and understand the exchange rate before you travel.
- Before you leave, notify your bank, credit card company, or other financial institutions that you are going overseas.
- Avoid carrying cash and consider using traveler's checks or major credit cards instead (but make sure they are accepted at your destination before departing on your trip).
- Change traveler's checks only as you need them.
- Do not flash large amounts of money when paying a bill.

### Pack Smart:

- Pack light so you can move more quickly and have a free hand when you need it.
- Carry a minimum number of valuables and plan places to conceal them.
- Check your bags, clothing, and vehicle to make sure you are not carrying any banned items or substances, such as weapons or ammunition, into your destination country.
- Use covered luggage tags to avoid casual observation of your identity and nationality.
- Avoid packing IDs, tickets and other vital documents in backpacks or other locations you won't be able to see at all times.