Grocery Shopping Checklist

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FRESH PRODUCE	Cheddar	MEAT MARKET	BREADS/CEREALS	Kool-Aid
Apples	Monterey Jack	Bacon	Bagels	Soft Drinks
Avocados	Mozzarella	Catfish	Bread	Tea
Bananas	Provolone	Chicken	French Bread	Wine
Beets	Swiss	Crab	Sandwich	GENERAL
Broccoli		Ground Beef		MERCHANDISE
Cabbage	SNACKS	Ham	Buns/Rolls	Automotive
Carrots	Candy	Hot Dogs	Cakes	Bath Soap
Cauliflower	Chips	Liver	Cereal	Bath Tissue
Celery	Crackers	Pork	Cookies	Batteries
Cherries	Nuts / Seeds	Ribs	Croissants	Bleach
Corn	BAKING GOODS	Roast	Donuts	Cleaners/
Cucumbers	Baking Powder	Salmon	Muffins	Disinfectant
Garlic	Baking Soda	Sausage	Oatmeal	Deodorant
Grapefruit	Brownie Mix	Shrimp	Pastries	Detergent,
Grapes	Cake Mix	Steak	Pie	Laundry
Green Beans	Cookie Mix	Turkey	Tortillas	Dish Soap
Lemons	Corn Starch	DRY GOODS	CONDIMENTS	Dishwasher
Lettuce	Flour	Beans	BBQ Sauce	Soap
Limes	Muffin Mix	Boxed Dinners	Honey	Facial Tissue
Melons	Pancake Mix	Fruit, Canned	Jam/Jelly	Film
Mushrooms	Pie Crusts	Mixed Fruit	Ketchup	Foil/Bags/Wrap
Onions	Sugar	Peaches	Mustard	Greeting Cards
Oranges	Brown	Pears	Mayonnaise	Hosiery
Pears	Powdered		Olives	Housewares
Peas	White	Fruit, Dried	Peanut Butter	Lotion/Cream
Peppers	Yeast	Mac & Cheese	Pickles	Napkins
Potatoes	DELI	Meat, Canned	Salad Dressings	Paper Plates/
Radishes	Fried Chicken	Chicken	Syrup	Cups
Strawberries	Rotisserie	Tuna	DAIRY	Paper Towels
Spinach	Chicken		Biscuits	Pet Food/
Squash	Prepared Salads	Oil	Butter/	Supplies
Tomatoes	FROZEN FOODS	Pasta	Margarine	Photo
Watermelon	FROZEN FOODS	Popcorn	Coffee Creamer	Processing
LUNCH MEAT	Breakfast	Rice	Cottage Cheese	Shampoo
& CHEESE	Frozen Dinners	Salsas/Chiles	Cream Cheese	Toothpicks
Packaged Meat	Frozen Meat/	Salt/Spices	Eggs	PHARMACY/
Bologna	Seafood	Seasoning	Juice	DRUGSTORE
Ham	Beef	Packets	Milk	Cosmetics
Roast Beef	Chicken	Soup, Canned	Refrigerated	Prescriptions
Turkey	Fish	Chicken	Dough	Medical Aids
	Shrimp	Noodle	Sour Cream	OTC Medicines
Shredded/Sliced	Ice Cream	Cream of	Whipping Cream	Aspirin/Pain
Cheese	Juice	Mushroom	Yogurt	Reliever
American	Pizza	Tomato	BEVERAGES	Cold
Cheddar	Potatoes		Beer	 Medicine
Monterey	Vegetables		Bottled Water	
Jack	Whipped Cream		Coffee	Shaving Supplies
Mozzarella			Juice	Toothpaste/
Cheese Slices				Mouthwash
				Vitamins/
				Supplements

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